Summer Salad in a Cup

Ingredients

1 | Plastic cup with lid
1 | Plastic Fork
1 ½ cup | Romaine Lettuce
¼ cup | Purple Cabbage
¼ cup | Shredded Carrots
¼ cup | Sliced Strawberries
¼ cup | Grated Parmesan cheese
⅛ cup | Raspberry Vinaigrette

Directions

1. Wash and Dry the fruits and vegetables.
2. Chop all of the vegetables into bite sized pieces.
3. Mix all of the ingredients together in a small bowl.
4. Place the mixture into the plastic cup.
5. Put the lid on the cup.
6. Place the fork inside the lid and enjoy at your picnic!